

MT. CALVARY BAPTIST CHURCH



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Rev. Dr. Richard L. Nash, Pastor

SOME REASONS WHY JESUS IS CALLED WONDERFUL!

Scripture: Isaiah 9:6

By Pastor Richard L. Nash

I assure you, and it goes without saying that the world has produced some great men. One only needs to know history to see that this is true. But, there's one man that history cannot duplicate. Isaiah tells us that he shall be called wonderful counselor. You can match any great man with another: Homer, Demosthenes, Cicero, Dante, Milton, Shakespeare, Martin Luther King, and the list of great men goes on and on...

History has given us a lot of great men, but there is no man that can stand taller than Jesus. Those other great men died, but Jesus died and rose again, and 2000 years later he still lives. He is the only creator. We have many inventors, but only one creator. A creator makes something from nothing; an inventor creates something new from something that already exist. There is none like the wonderful Jesus.

Robert Fulton invented the steam engine for ships to cross the water. Jesus did not need a boat to cross the water he solidified the water and walked across it.

We have great educators and institutions of learning, turning out great men, but there is none like the wonderful Jesus! He never wrote a book, but libraries are filled with books about him. Every Christian sings about him, yet he never wrote a song. He never earned a degree, nor was he educated. Yet, he had all knowledge. There is no one like the wonderful Jesus.

The Bible says that his speech was so wonderful that the common people listened. He had no credentials, no authority, nothing but his manhood. Armies have marched, but none could match the power of Jesus. God is wonderful! When I think who Jesus is, what he stands for, and all he has done,

I have to say, he is wonderful.

I could not begin to tell you all the reasons why Jesus is wonderful. He is too big. As the song says: "He's so wide, you can't go around him. So low, you can't get under him. So high, you can't get over him." God is wonderful! He's extraordinary! When you think of words like superb, marvelous, or exquisite, Jesus should come to mind, because he's all that.

Jesus was wonderful in his birth, because he is the only man born of a virgin. He was conceived by the Holy Spirit. He was older than his mother and just as old as his father, because Jesus and God are one. He is the only man that told his mother he was going to be born, when he was going to be born, and what his name would be. He was wonderful in his birth, because God wrapped himself in human flesh and was born. God gave himself to the world.

Jesus was wonderful in his life. He defied the Law of Gravity when he walked on water. He never won a prize for literature, but his Sermon on the mountain was outstanding. He did not have a medical degree, yet, he healed the sick. He was wonderful in his life and He was wonderful in his death. He gave his life and then he rose with all power. Before you became a child of God, you were afraid of death, but Jesus took the sting out of death with his resurrection.

Jesus is wonderful!

God Bless You!

(Reprinted from 1994)



COUNT YOUR BLESSINGS

"If you want to be happy, "the saying goes, "count your blessings, and not your problems. Not only will you find that your blessings far outnumber your problems, but your problems may seem less burdensome. Maybe that's because a thankful attitude makes a positive impression on people, and with the support of others, you can get through most anything.

- ❖ O give thanks unto the Lord; for he is good; because his mercy endureth for ever. Psalms 118:1
- ❖ Thanks be unto God for his unspeakable gift. 2 Corinthians 9:15
- ❖ In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:6
- ❖ It is a good thing to give thanks unto the Lord. Psalm 92:1
- ❖ My cup runneth over. Psalm 23:5
- ❖ I thank thee, and praise thee, O thou God of my fathers, who hast given me wisdom and might. Daniel 2:23
- ❖ I thank my God upon every remembrance of you. Philippians 1:3
- ❖ I will praise the name of God with song, and will magnify him with thanksgiving. Psalm 69:30
- ❖ For this cause also thank we God without ceasing, because when ye received the word of God which ye heard of us, ye received it not as the word of men, but as it is in truth, the word of God. 1 Thessalonians 2:13

Inspired By Faith

Submitted by Sister Linda Clarke



MONTH IN REVIEW



Pastor & Sis. Nash Celebrate 26 Years with Mt. Calvary!

After several weeks of festivities for Pastor Richard and Sis. Mary Nash, including his birthday and an

anniversary banquet at U.S.S. Chowder Pot IV, the 26th Pastoral Anniversary Celebration took place on the morning of November 11, 2018. The theme was "Recognizing Our Leader That Watches Over Our Souls". The colors were your basics, Black and White, but the Nash family, members and friends of Mt. Calvary displayed the color combination quite fashionably. There was nothing basic about it. There was a certain excitement in the air after the choir, committee and guests of honor marched in and that excitement continued with our exceptionally talented musicians, praise team, choir and beautifully coordinated dance by all ensembles. Also noteworthy was Kasual King, grandson of the Nashs, who was visiting but sang comfortably with the praise team and Sis. Susan Hutchinson's welcome address which described the Pastor as Nice, Anointed, Saved and Holy. The guest preacher, Rev. John K. Pinckney, Sr., Pastor of Springfield Baptist Church in Athens, Georgia, is no stranger to Hartford or Mt. Calvary and after briefly reminiscing, he went on to preach a thought provoking sermon on "God's Plow Boy." Rev. Pinckney described the Plow Boy as God's minister called to pastor and noted that the position is hard and has many responsibilities but most importantly, the pastor is responsible for every soul. Prior to remarks by Pastor Nash and Chairperson Sharion Thomas, the Media Ministry presented a tribute to Pastor which highlighted him as Preacher, Leader, Friend, Husband and Father. Remarks were also made by the Nashs' daughter Shureea King, pictured right with Sis. Nash and Kasual. Congratulations Pastor & Sis. Nash! Photos courtesy of Bro. Donald Smith.



MONTH IN REVIEW continued



During third Sunday morning worship service, the Media Room was dedicated posthumously to our beloved Deacon Frank Rush. All described the dedication moments as "Beautiful" and his youngest daughter, Dorothy, stated that the Room was dedicated to her dad because of all the support he

gave to this church for so many years. She also stated, "Deacon Rush was the church" and few can disagree with that. Dorothy further stated, "Our Mom was so proud of today!!" While our love and prayers continue to go out to the Rush/Smith Family as they journey without their mighty patriarch, "Mother" Rush has more to be proud of in her grandchildren. And three are currently making great strides in sports or music.

Malik Rush, son of Courtney and Donna, is ending his college football career at Central Connecticut State University (CCSU). He was a 4 year starter, NEC Conference representative, Top 10 in CCSU history for receiving and Top 10 in USA for average yards per catch in D1 and will soon graduate. His father stated, "All of the ups and downs have all been good blessings..."



Then there's Jonathan Rush, son of Bishop Victor J. & Co-Pastor Jeanette at Ebenezer Temple United Holy Church of America here in Hartford. Jonathan is described as an emerging young conductor and Winner of the Respighi Prize in Conducting who brings passion, unique interpretation, and refreshing energy to the orchestral repertoire. This year, Jonathan was named a Project Inclusion Conducting Fellow with the Chicago Sinfonietta. With the Chicago Sinfonietta, Jonathan works with music professionals and fellow conductors, to help encourage diversity in Orchestras across the United States. Jonathan made his professional orchestra debut with the Chamber Orchestra of New York, in the legendary Carnegie Hall. Outside of classical music, Jonathan currently serves as the Minister of Music and choir director at Ebenezer and Director of Music for the New England District of the UHCA, where he oversees the music departments of 14 different churches.



He is currently pursuing a Master of Music degree in Orchestral Conducting at the Peabody Institute of the Johns Hopkins University.



Last but definitely not least is Jonathan's older sister, Kymberli Joye. As of Monday, November 26th, Kymberli is a finalist on NBC's The Voice who had the audience and judges on their feet after performing Tasha Cobbs' "Break Every Chain". She won singer Kelly Clarkson over in the "Blind Auditions" with her rendition of Whitney Houston's "Run to You".

Music and church are very important to Kymberli and at Ebenezer she is a worship leader, minister and member of the choir. And for the past seven years, Kymberli has worked with gospel singer JJ Hairston and one of the albums they recorded has been nominated for a Grammy. Kymberli has also performed with Childish Gambino. By the publishing of this letter, Kymberli Joye could be the winner of The Voice. And if not, she will have shared one of her beautiful gifts from God with most of the world. We wish the Rush family continued success. Below are a few more Dedication pictures, courtesy of Sis. Dorothy Stanford.



Deaconess Rush w Pastor & Deacons



The Media Ministry w Pastor



Three of Deacon Rush's children: Donald, Dorothy & Veronica

HERITAGE CORNER



Maulana Karenga

Writer, Civil Rights Activist, Educator (1941-)

An African-American professor of Africana Studies, activist and author, best known as the creator of the pan-African and African-American holiday of Kwanzaa.

Maulana Karenga was born on a tenant farm in Parsonsburg, Maryland, in 1941. At age 18, he moved to Los Angeles and became involved in the Black Power movement. In the 1960s, he created the African-American holiday of Kwanzaa, honoring African heritage. In 1971, he was arrested and served time in prison for assault. He later earned two doctoral degrees and authored several books on African studies.

Activist and author Maulana Karenga was born Ronald McKinley Everett on July 14, 1941, in Parsonsburg, Maryland. He was one of 14 children of a Baptist minister and tenant farmer, who employed his family to work in the fields. At age 18, Everett moved to Los Angeles, California, where he attended Los Angeles Community College and became active in the Civil Rights Movement.

After earning his associate's degree, Everett earned his bachelor's and master's degrees in political science at the University of California, Los Angeles. While pursuing his doctorate, he taught African culture classes and changed his name to Maulana (Swahili-Arabic for "master teacher") and Karenga (Swahili for "keeper of tradition"). He rejected the Eurocentric view of America and advocated a Black Nationalist philosophy.

After the Watts riots of 1965, Karenga helped establish the Black Congress among residents of the Watts district to help restore the community. This action led to the formation of *US*, a community organization calling for a cultural revolution among blacks. *US* was instrumental in building independent schools, African-American studies departments and black student unions. Karenga also helped set up black power conferences in several major U.S. cities, providing blacks with a platform for social change.

In 1966, Karenga created Kwanzaa, a pan-African holiday based on African agricultural activities that encourage blacks to celebrate their cultural roots. As racial disturbances spread across the country in the

1960s and '70s, Karenga urged the establishment of a separate African-American political structure. He simultaneously worked with the major political leaders in California and across the country to help rebuild community relations after the assassination of Dr. Martin Luther King, Jr. in 1968.

In the late 1960s, *US* and Karenga were investigated by the FBI's COINTELPRO operation—established to counteract the influence of subversive groups—and placed on a watch list of dangerous, revolutionary organizations. At this time, *US* was engaged in a violent conflict with the Black Panther Party for supremacy in the African-American community. This led to a 1969 shootout at UCLA, in which two Panthers were killed.

By 1971, many African-American leaders rejected Karenga's overbearing manner, philosophy of black separatism and chauvinist attitudes. That same year, he was arrested and convicted of assaulting a female *US* member and was sent to prison. Soon after, the *US* organization fell into disarray and disbanded in 1974.

After his release from prison, Karenga admitted that *US* had made mistakes, which weakened the movement and compromised its ability to change with the times. Afterward, Karenga went back to school and earned two doctorate degrees. He then began to embrace Marxist principles of class struggle and encouraged blacks to work together toward common goals. He has played a key role in developing programs that have defined black identity and helped many African-Americans connect to their cultural roots, both in the academic world and local communities. Karenga credits previous African-American leader such as W.E.B. DuBois, Anna Julia Cooper, Malcom X, Mary McLeod Bethune and Martin Luther King, Jr. for much of his transformation.

A prolific writer, Karenga has authored numerous scholarly articles and books, including *Maat, The Moral Ideal in Ancient Egypt: A Study in Classical African Ethics* and the authoritative text *Kwanzaa: A Celebration of Family, Community and Culture*. Karenga has served as chair of the Department of Black Studies at the University of California at Long Beach and became chair of the President's Task Force on Multicultural Education. After the 1992 riots in Los Angeles that followed the beating of Rodney King by police, Karenga once again became a voice of healing. In 1995, he sat on the organizing committee and authored the mission statement of the Million Man March. He continues to be a major voice in the African-American community.

SOURCE: <https://www.biography.com/people/>



DECEMBER BIRTHDAYS

Dea'ness Cheryll George	3	Sis. Ginnie Wiggins	9
Sis. Ruth Newell	3	Sis. Janette Isaac	11
Sis. Minnie Goolsby	3	Bro. Lorenzo Elliott, Jr.	13
Sis. Deloise Hendricks	4	Sis. Lynn Washington	18
Bro. Michael J. Wood	5	Rev. Lorenzo Elliott, Sr.	26
Sis. Geraldine Howard	5	Tru. Samuel Allen	28
Sis. Sonya Robinson	5	Sis. Mattie Stevens	28
Sis. Mae Rhone	7	Tru. Roosevelt Daniels	29



"For this reason a man will leave his father & mother and be united to his wife, and the two will become one flesh." Ephesians 5:31

Happy Anniversary to Deacon Harry and Deaconess Lorene Lewis who will celebrate an anniversary on December 26th.

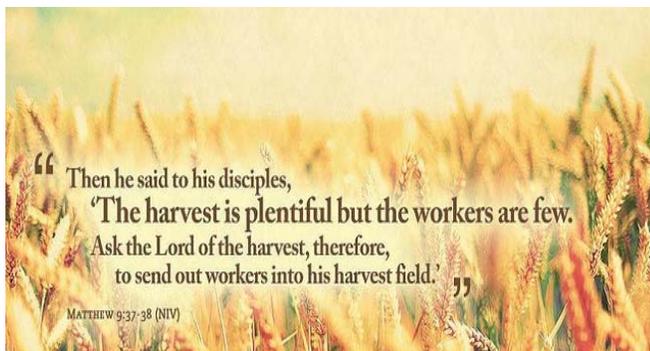
"What therefore God hath joined together, let not man put asunder" Matthew 19:6

NEW WORKERS IN THE VINEYARD

There are no "new" members to welcome to our church family for the month of November. Therefore, please encourage a friend or family member to attend service with you anytime. Sometimes that is all that is required, an invitation.

Romans 12:5

"...so in Christ we who are many form one body, and each member belongs to all the others" (NIV).



the following bereaved families:

Sis. Annie

Cooper and family in the passing of her husband of 53 years, Bro. Joe L. Cooper, 75, of New Britain who passed peacefully on November 6, 2018. Bro. Cooper was employed by Pratt & Whitney Aircraft where he retired after 35 years of service. He was a car enthusiast and huge sports fan who enjoyed watching the Yankees and UConn Men's & Women's basketball. Bro. Cooper's funeral services were November 17th at the church.



The family of Sis. Pastorah Virgo, 87, who departed this life on November 14, 2018. She was one of our shut-in members who served on in the Senior Ushers Ministry prior to health issues. Sis. Virgo was a CNA at Mt. Sinai Hospital for 15 years but co-owned Community Drug Store and Virgo

Trucking Co. with her late husband William Virgo. A celebration of her life took place on November 23rd at Henry L. Fuqua Funeral Service.



Tru. Charlotte Faucette and family in the passing of her cousin, Cora Mae Nixon, 72, who departed this life on October 30, 2018. Cora was described as "a friendly, outgoing person who was very dedicated to taking care of her family ... believed in the power

of prayer and ... an awesome cook." Prior to retirement, she was a machinist for Deringer-Ney. A celebration of Sis. Nixon's life was November 6th at Henry L. Fuqua Funeral Service.

*From our happy home and circle,
God has taken ones we love;
Borne away from sin and sorrow
to a better home above.*

Remember a card, phone call or a visit after the funeral can lift the spirits of a grieving brother or sister.

If we live, we live for the Lord; and if we die, we die for the Lord. So, whether we live or die, we belong to the Lord.—Romans 14:8

HEALTH NEWS**OVER 50? THESE PROBLEMS CAN SNEAK UP ON YOU****Outsmart Your Age**

More than 9 in 10 older adults have some type of chronic disease, and almost 8 in 10 have more than one.

So chances are, you'll have one sooner or later. But there are things you can do to live a healthier life.

High Blood Pressure

As you age, your blood vessels get less flexible, and that puts pressure on the system that carries blood through your body. That might explain why about 2 in 3 adults over 60 have high blood pressure. But there are other causes you can control: Watch your weight, exercise, stop smoking, find ways to deal with stress, and eat healthy.

Heart Disease

Plaque buildup in your arteries is a major cause of heart disease. It starts in childhood and gets worse as you age. That's why people age 40 to 59 are more than five times as likely to have heart disease as people 20 to 39.

Obesity

If you weigh a lot more than is healthy for your height, you could be considered obese -- it's not having just a few extra pounds. It's linked to at least 20 chronic diseases, including heart disease, stroke, diabetes, cancer, high blood pressure, and arthritis. The highest rate among all age groups is in adults ages 40 to 59 -- 41% of whom are obese.

Osteoarthritis

At one time, doctors chalked up this disease of the joints to the wear and tear of age, and that is a factor (37% of people 45 and over have osteoarthritis of the knee). But genetics and lifestyle probably have something to do with it as well. And previous joint injuries, a lack of physical activity, diabetes, and being overweight can all play a part, too.

Osteoporosis

About half of women over 50, and up to 25% of men in that age group, break bones because they've lost too much bone mass, and their bodies haven't replaced it. A couple of things that can help: a healthy diet rich in calcium and vitamin D (you need both for strong bones) and regular weight-bearing exercise, like dancing, jogging, or climbing stairs.

Chronic Obstructive Pulmonary Disease (COPD)

This causes inflammation and blocks air from your lungs. It's a slow-moving disease that you could have for years without knowing it -- symptoms usually show up in your 40s or 50s. It can make you have trouble breathing, and you may cough, wheeze, and spit up mucus. Exercise, a healthy diet, and avoiding smoke and pollution can help.

Hearing Loss

Maybe nothing says "You're getting older" more than having to ask, "What did you say?" Some 18% of Americans 45 to 64 have some sort of hearing trouble, and it tends to get worse as you age. Loud noise, disease, and your genes all play a part. Some medications can cause hearing problems, too. See your doctor if you're not able to hear as well as you used to.

Vision Problems

That annoying blurriness when you try to read the small type on labels or menus isn't the only threat to your vision as you age. Cataracts (which cloud the lens of your eye) and glaucoma (a group of eye conditions that damage your optic nerve) can harm your eyesight. See your eye doctor for regular exams.

Bladder Problems

Whether you can't go when you need to or you have to go too often, problems with bladder control tend to happen as we get older. They can be caused by nerve problems, muscle weakness, thickening tissue, or an enlarged prostate. Exercises and lifestyle changes -- drinking less caffeine or not lifting heavy things, for example -- often help.

Cancer

Age is the biggest risk factor for cancer. The disease affects young people, too, but your odds of having it more than double between 45 and 54. You can't control your age or your genes, but you do have a say in things like smoking or spending too much time in the sun.

Depression

People between the ages of 40 and 59 have a higher rate of depression than any other age group. Many people get down as health problems crop up, loved ones are lost or move away, and other life changes happen. It gets better, though. After 59, the numbers fall to only 7% of women and 5% of men.

Back Pain

The older you get, the more common this is. Lots of things can make you more likely to have it: being overweight, smoking, not getting enough exercise, or diseases like arthritis and cancer. Watch your weight, exercise, and get plenty of vitamin D and calcium to keep your bones strong. And strengthen those back muscles -- you'll need them.

Dementia

Alzheimer's, a form of dementia, usually doesn't pop up until 65 or so. One in 9 people that age or older have Alzheimer's, but the rate rises to 1 in 3 for ages 85 or up. Some risk factors (like age and heredity) are uncontrollable. But evidence suggests that a heart-healthy diet and watching your blood pressure and blood sugar might help.

Source: <https://www.webmd.com>



Country by the Grace of God.

The telephone rang. It was a call from his mother. He answered it and his mother told him, "Mr. Belser died last night. The funeral is Wednesday." Memories flashed through his mind like an old newsreel as he sat quietly remembering his childhood days. "Jack, did you hear me?"

"Oh, sorry, Mom. Yes, I heard you. It's been so long since I thought of him. I'm sorry, but I honestly thought he died years ago," Jack said. "Well, he didn't forget you. Every time I saw him he'd ask how you were doing. He'd reminisce about the many days you spent over 'his side of the fence' as he put it," Mom told him.

"I loved that old house he lived in," Jack said. "You know, Jack, after your father died, Mr. Belser stepped in to make sure you had a man's influence in your life," she said.

"He's the one who taught me carpentry," he said. "I wouldn't be in this business if it weren't for him. He spent a lot of time teaching me things he thought were important. Mom, I'll be there for the funeral," Jack said. As busy as he was, he kept his word. Jack caught the next flight to his hometown. Mr. Belser's funeral was small and uneventful. He had no children of his own, and most of his relatives had passed away.

The night before he had to return home, Jack and his Mom stopped by to see the old house next door one more time. Standing in the doorway, Jack paused for a moment. It was like crossing over into another dimension, a leap through space and time. The house was exactly as he remembered.

Every step held memories. Every picture, every piece of furniture... Jack stopped suddenly...

"What's wrong, Jack?" his Mom asked.

"The box is gone," he said.

"What box?" Mom asked.

"There was a small gold box that he kept locked on top of his desk. I must have asked him a thousand times what was inside. All he'd ever tell me was 'the thing I value most,'" Jack said.

It was gone. Everything about the house was exactly how Jack remembered it, except for the box. He figured someone from the Belser family had taken it.

"Now I'll never know what was so valuable to him," Jack said.

"I better get some sleep. I have an early flight home, Mom."

It had been about two weeks since Mr. Belser died. Returning home from work one day Jack discovered a note in his mailbox. "Signature required on a package. No one at home. Please stop by the main post office within the next three days," the note read.

Early the next day Jack went to the post office and retrieved the package.

The small box was old and looked like it had been mailed a hundred years ago. The handwriting was difficult to read, but the return address caught his attention.

"Mr. Harold Belser" it read.

Jack took the box out to his car and ripped open the package. There inside was the gold box and an envelope. Jack's hands shook as he read the note inside.

"Upon my death, please forward this box and its contents to Jack Bennett. It's the thing I valued most in my life." A small key was taped to the letter. His heart racing, as tears filled his eyes, Jack carefully unlocked the box.

There inside he found a beautiful gold pocket watch. Running his fingers slowly over the finely etched casing, he unlatched the cover. Inside he found these words engraved: "Jack, Thanks for your time! -- Harold Belser." "The thing he valued most was my time!"

Jack held the watch for a few minutes, then called his office and cleared his appointments for the next two days. "Why?" Janet, his assistant asked.

"I need some time to spend with the people I love and say I care for," he said. "Oh, by the way, Janet, thanks for your time!"

"Life is not measured by the number of breaths we take but by the moments that take our breath away."

Think about this. You may not realize it, but it's 100 percent true.

1. At least 15 people in this world love you in some way.
2. A smile from you can bring happiness to anyone, even if they don't like you.
3. Every night, SOMEONE thinks about you before they go to sleep.
4. You mean the world to someone.
5. If not for you, someone may not be living.
6. You are special and unique.
7. Have trust sooner or later you will get what you wish for or something better.
8. When you make the biggest mistake ever, something good can still come from it.
9. When you think the world has turned its back on you, take a hard look: you most likely turned your back on the world and the people who love and care for you.
10. Someone that you don't even know exists loves you.
11. Always remember the compliments you received. Forget about the rude remarks.
12. Always tell someone how you feel about them; you will feel much better when they know and you'll both be happy.
13. If you have a great friend, take the time to let them know that they are great.

Share this letter with all the people you care about. In doing so, you will certainly brighten someone's day and might change their perspective on life...for the better. To everyone who read this just now....

Thanks for your time.

INSPIRATION CORNER

A POEM BY JAMES PATRICK KENNEY

(says it better than I could in prose.)

Six humans trapped by happenstance in bleak and bitter cold. Each one possessed a stick of wood or so the story's told.

Their dying fire in need of logs; the first man held his back for the faces round the fire he noticed one was black.

The next man looking 'cross the way saw one not of his church and couldn't bring himself to give the fire his stick of birch.

The third one sat in tattered clothes, he gave his coat in a hitch. Why his log should be put to use to warm the idle rich.

The rich man just sat back and thought of the wealth he had in store and how to keep what he had earned from the lazy, shiftless poor.

The black man's face bespoke revenge as the fire passed from sight. For all he had in his stick of wood was a chance to spite the white.

The last man of the forlorn group did naught except for gain. Giving only to those who gave was how he played the game.

Their logs held tight in death's still hands was proof of human sin. They didn't die from the cold without they died from the cold within.

Submitted by Min. Grace Minion (Reprinted from 1994)

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